

MS

WELLNESS RUN

5KM RUN

SUNDAY 4 NOVEMBER 2018

WA LANG PARK
WOLLONGONG

MSWELLNESSRUN.ORG.AU



STUART PARK
NORTH WOLLONGONG BEACH

JP GALVIN PARK
NOVOTEL WOLLONGONG NORTHBEACH

NORTH WOLLONGONG SURF LIFE SAVING CLUB

SOUTH AID STATION



NORTH BEACH PAVILION

BATTERY PARK

CONTINENTAL POOL

WOLLONGONG PEIR

WOLLONGONG LIGHTHOUSE

BRIGHTON BEACH

OSBORNE PARK

FLAGSTAFF HILL

START

FINISH

START & FINISH SITE



KEY:

- INFORMATION
- WATER
- FIRST AID
- CLOAKROOM
- ATM
- FOOD & BEVERAGES
- TOILETS

WOLLONGONG TRAIN STATION

WIN STADIUM

WA LANG PARK