

MS

# WELLNESS RUN

## 5KM RUN

SUNDAY 3 NOVEMBER 2019

WA LANG PARK  
WOLLONGONG

MSWELLNESSRUN.ORG.AU



STUART PARK  
NORTH WOLLONGONG BEACH

JP GALVIN PARK  
NOVOTEL WOLLONGONG NORTHBEACH

NORTH WOLLONGONG SURF LIFE SAVING CLUB

**SOUTH AID STATION**



NORTH BEACH PAVILION

BATTERY PARK

CONTINENTAL POOL

WOLLONGONG PEIR

WOLLONGONG LIGHTHOUSE

BRIGHTON BEACH

OSBORNE PARK

FLAGSTAFF HILL

**START**

**FINISH**

**START & FINISH SITE**



### KEY:

- INFORMATION
- WATER
- FIRST AID
- CLOAKROOM
- ATM
- FOOD & BEVERAGES
- TOILETS

WOLLONGONG TRAIN STATION

WIN STADIUM

WA LANG PARK